



## Preparing for winter checklist



### WINTER CHECKLIST Health & Safety



#### Home Winter Preparedness Checklist

Food (Extra in the freezer)	<input type="checkbox"/>	Warm Clothing	<input type="checkbox"/>	Torch (windup)	<input type="checkbox"/>
Mobile phone Fully charged	<input type="checkbox"/>	Extra Blankets	<input type="checkbox"/>	First Aid Kit	<input type="checkbox"/>
Speciality items - medication	<input type="checkbox"/>	Shovel	<input type="checkbox"/>	Other	<input type="checkbox"/>
Portable radio	<input type="checkbox"/>				



#### Home Winter Survival Food Checklist

Canned Fruits and Vegetables	<input type="checkbox"/>	Cereal	<input type="checkbox"/>	Bottled water	<input type="checkbox"/>
Biscuits and crackers	<input type="checkbox"/>	Frozen meals or frozen fruit/veg	<input type="checkbox"/>	Milk	<input type="checkbox"/>
Soups	<input type="checkbox"/>	Drinks and cordial stocked up	<input type="checkbox"/>	Bread and crisps	<input type="checkbox"/>



#### Car Winterisation checklist

Check Engine Fluid Levels	<input type="checkbox"/>	Inspect Tire Tread	<input type="checkbox"/>
Test Battery	<input type="checkbox"/>	Fit winter tires if you own a set	<input type="checkbox"/>
Use de-icing washer fluid	<input type="checkbox"/>	Test Headlights & taillights	<input type="checkbox"/>
Mobile phone	<input type="checkbox"/>	Shovel	<input type="checkbox"/>



#### Car Winter Survival Kit Checklist

Torch and extra batteries	<input type="checkbox"/>	Blankets/Sleeping Bag	<input type="checkbox"/>	Extra clothing Hats, gloves etc	<input type="checkbox"/>
First Aid Kit	<input type="checkbox"/>	Non-perishable food	<input type="checkbox"/>	Mobile phone charger	<input type="checkbox"/>
Snow Shovel	<input type="checkbox"/>	Bottled water	<input type="checkbox"/>	Roadside warning triangle	<input type="checkbox"/>
Ice Scraper with brush	<input type="checkbox"/>	Booster cables	<input type="checkbox"/>	Other	<input type="checkbox"/>



It's also worth putting some basic supplies together in a "grab bag" in the event you need to leave home quickly or your power and water are disrupted.

#### Grab bag checklist

Bottled water	<input type="checkbox"/>	Medicines	<input type="checkbox"/>
Torch	<input type="checkbox"/>	Batteries	<input type="checkbox"/>
Utility documents	<input type="checkbox"/>	Clothing	<input type="checkbox"/>