

Newsletter No. 274 - December 2024

Family Advice & Information Resource
Information & Advice for People with Learning Disabilities

Carer Support Payment News

Carer Support Payment became available throughout Scotland from 4th November 2024. This is money to help you if you are a carer. It is replacing Carer's Allowance in Scotland. It is for unpaid carers who provide 35 or more hours of care a week to someone who gets disability benefits.



Social Security Scotland are planning an advertising campaign in early 2025 to help raise awareness of the payment and support benefit take-up.

To find out more about this and to find out how it might affect you, call FAIR on **0131 662 1962** and talk to one of our advisers.

Reid Pop-Up Café

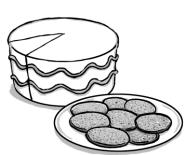
Reid Memorial Church have a pop-up café the last Friday of the Month. Pop along for coffee, tea, cake or lunch with friends. All proceeds go to charity. There is no café in December.

Proceeds from the January Pop-Up Café go to FAIR!

The café is on Friday January 31st 2025 from 11.00am to 2.30pm at Reid Memorial Church, West Savile Terrace, Edinburgh, EH9 3HY.

If you want to know more, phone **0131 662 1203**, email **reid_memorial@outlook.com** or go to their website: **reidmemorial.org.uk**





FAIR & WELL Events – December and January

The FAIR & WELL project aims to provide activities for people with learning disabilities and their carers. Part of the project involves a coffee morning, where you can come together for chit-chat, coffee and snacks!



There are several activities planned throughout December and January:

Events in December:

Wednesday 4th Gallery/Christmas Market: 10.00am - 1.00pm

Wednesday 11th Christmas Party: 11.00am - 2.00pm

Tuesday 17th **Pantomime:** 2.00pm - 5.00pm

Events in January:

Wednesday 8th Coffee morning at FAIR: 10.30am - 12.30pm

Wednesday 15th **National Museum of Scotland:** 10.00am - 1.00pm

Wednesday 22nd Coffee morning at FAIR: 10.30am - 12.30pm

Thursday 30th Victorian Classroom: 10.00am - 1.00pm

If you want to come along or find out more, please contact Tasneem:

Email tasneem@fairadvice.org.uk

Phone 0131 662 1962 or 07513824259.

Don't forget, you can follow FAIR on Facebook for updates:

https://www.facebook.com/FAIREdinburgh

Public Toilets in Parks

Edinburgh Council have updated their Thriving Green Spaces website with a news page about the Public Toilets in Parks project. There is information about the new, free public toilets being built for The Meadows, Leith Links, and Inverleith Park – designed with people and nature at heart.

Information on this project will be updated every month. You can access their latest news here: https://www.thrivinggreenspaces.scot/

Healthy Respect – Easy To Understand (ETU)

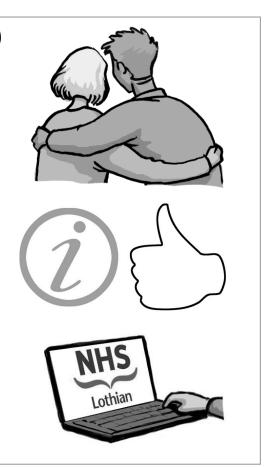
The ETU part of NHS Lothian's Healthy Respect website has information on sexual health and relationships for young people with learning disabilities.

Research has shown that young people with learning disabilities often miss out on sexual health education, leaving them vulnerable to bad information and at greater risk of abuse and poorer sexual health.

The ETU website gives information in an Easy Read format that is accessible to all.

You can find the website here:

https://www.healthyrespect.co.uk/etu/



Visitor Levy for Edinburgh Consultation

Edinburgh Council are planning to introduce a visitor levy. This will be paid by people when they visit and stay overnight in the city.

They have a draft scheme but are seeking views to help shape the final version. They are asking for views from the public to help shape the final version, which will be in place from July 2026.



The consultation is open until Sunday 15th December at edinburgh.gov.uk/visitorlevy.

Pension Credit and Winter Fuel Payment

The UK government is now making the Winter Fuel Payment, worth up to £300, means-tested.

This means it will only be mainly available to people on Pension Credit. Pensioners should check if they can claim for Pension Credit to get this year's Winter Fuel Payment.

You must live in Scotland and have reached State Pension age, which is currently 66, to qualify for Pension Credit.



You have until **21**st **December** to apply. To find out if you qualify and how to apply, contact FAIR on **0131 662 1962**.





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