Your rights about your personal information



This document tells you about how The Action Group stores your support information and what your rights are.





What are GDPR Rules?





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There are rules about how organisations, keep people's personal information.



These rules are called the General Data Protection Regulations or GDPR.



These rules give people rights about how organisations keep their personal information.



When something is your right it means it is protected by law.



What is personal information?





What is personal information?





Personal information is information that can be used to identify you. This includes:



Your name

Your address



Your telephone number





Your email address

Links to your social media accounts like Facebook, Twitter or Instagram



Who might have your personal information?









Many different organisations may have your personal information. This includes:



Your doctor or any other part of the health services



Your local council



Any other service that you get - maybe a support service





A business that you use - like your bank, or if you have a loyalty card from a shop



A social media company like Facebook or Instagram



A club or group you belong to



Your rights









You have the right to be told if anyone is collecting or using your personal information

You have the right to know:



Why they have collected your personal information



How long they will keep it for



Who they will share it with

Seeing your personal information





You have the right to see the personal information that an organisation has about you.



You can ask for it either by speaking to someone or in writing.



They must show you the information within 1 month.



The way that they show you the personal information that they have about you must be:

- Easy to understand
- Easy to get
- In clear and plain language





You have the right to ask for your personal information to be changed if it is wrong.



You can ask either by speaking to someone or in writing.



They must put it right within 1 month.







If you don't want the organisation to have your personal information, you have the right to have it deleted.



You can ask either by speaking to someone or in writing.



They must delete it within 1 month.



They may refuse to delete your information.



They are allowed to do this in certain circumstances. For instance in some cases the law says that the information should not be deleted.





If they are refusing to delete your information. They must write to you to explain why.

They must do this with 1 month.